

CBISA OPENING PRAYER -- February 9, 2019

All: Oh, ever Immaculate Virgin, Mother of Mercy, and Refuge of Sinners, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen

-- Prayer to Our Lady of Lourdes (Feast Day, February 11th)

A Reading from the Letter to the Ephesians 4:1-6

I, then, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

The Word of the Lord R. Thanks be to God.

Litany of Humility

O, Jesus! Meek and humble of heart,
From the desire of being esteemed,
From the desire of being loved, . . .
From the desire of being extolled, . . .
From the desire of being honored, . . .
From the desire of being praised, . . .
From the desire of being preferred to others, . . .
From the desire of being consulted, . . .
From the desire of being approved, . . .
From the fear of being humiliated, . . .
From the fear of being despised, . . .
From the fear of suffering rebukes, . . .
From the fear of being calumniated, . . .
From the fear of being forgotten, . . .
From the fear of being ridiculed, . . .
From the fear of being wronged, . . .
From the fear of being suspected, . . .

R. Hear me.

R. Deliver me Jesus.

R. Jesus, grant me the grace to desire it

That others may be loved more than I,
That others may be esteemed more than I, . . .
That in the opinion of the world others may increase and I may decrease, . . .
That others may be chosen and I set aside, . . .
That others may be praised and I unnoticed, . . .
That others may be preferred to me in everything, . . .
That others become holier than I, provided that I may become as holy as I should, . . .

Intercession

To the head of the Body, the Church, we pray:

R. Christ, lead us.

When we are in darkness: *R*

In the ways of prayer and holiness: *R*

Into the depths of your heart: *R*

May the God of peace be with us all. Amen.

Song: The Church's One Foundation

• The Church's one foundation
Is Jesus Christ her Lord,
She is His new creation
By water and the Word.
From heaven He came and sought her
To be His holy bride;
With His own blood He bought her,
And for her life He died.

• Elect from every nation,
Yet one o'er all the earth;
Her charter of salvation,
One Lord, one faith, one birth;
One holy Name she blesses,
Partakes one holy food,
And to one hope she presses,
With every grace endued.

• Yet she on earth hath union
With God the Three in One,
And mystic sweet communion
With those whose rest is won.
O happy ones and holy!
Lord, give us grace that we
Like them, the meek and lowly,
On high may dwell with Thee

For Later Reflection: Our Lady of La Salette

On September 19, 1846, Our Lady appeared to two children in La Salette France. Our Lady said to the children "Come near, my children, don't be afraid. I am here to tell you great news." She gave them information regarding the people in their villages and gave secrets to each of them individually. She further asked them, "Do you say your prayers well my children?" The children replied, "Not very well, Madame." Our Lady said to them, "Ah! My children, you must say them well at night and in the morning, even if you only say an Our Father and a Hail Mary.
When you can do better, say more."

CLOSING PRAYER

Scripture reading: Colossians Chapter 4, 2a -6

Prayer and Apostolic Spirit:

Persevere in prayer, being watchful in it with thanks-giving; at the same time, pray for us, too, that God may open a door to us for the word, to speak of the mystery of Christ, for which I am in prison, that I may make it clear, as I must speak. Conduct yourselves wisely toward outsiders, making the most of the opportunity. Let your speech always be gracious, seasoned with salt, so that you know how you should respond to each one.

Closing (All) :

Thanksgiving: from the Letter to Philemon (4d – 6e)

I give thanks to my God always, remembering you in my prayers, as I hear of the love and the faith you have in the Lord Jesus and for all the holy ones, so that your partnership in the faith may become effective in recognizing every good there is in us that leads to Christ.